

Inclusive youth group checklist

This checklist covers all the areas of the Include Autism toolkit. We don't expect you to achieve everything at once but improve your practice step by step.

I have adapted my session plans to fit my group's needs, thinking about the four areas of difference and environmental factors.

Where possible, I will send the agenda or schedule to parents/ carers / young people ___ days before the youth group.

I have spoken to the autistic individuals in my youth group and asked the suggested support plan questions.

The support plans or one page profiles for autistic individuals in my youth group are filled in.

I have started using the goal planner in order to help young people achieve tangible goals.

I have checked the space in which we deliver the group / club with noise/light/access in mind and made adjustments where possible.

I have designated an area or room as a quiet space that will be respected as such.

I endeavour to teach the whole group, including all staff, about autism and inclusivity using the information in this toolkit.

We have worked on an inclusive code of conduct as a group to ensure that everyone knows what is expected of them.

